

# March

## Give it up!

This March, you could fundraise by:

- ★ Getting sponsored to give something up for Lent
- ★ Hosting a St Patrick's Day celebration
- ★ Holding a 'swish' event
- ★ Shaving your head - lose that 'March Hair'!

### Dates for your diary

- ★ 1st - Start of Lent
- ★ 8th - National No Smoking Day
- ★ 12th - Bath Half Marathon
- ★ 17th - St Patrick's Day
- ★ 26th - Mother's Day



**Jessie May**

Children's Hospice at Home.

### *recipe for success!*

How to host a Swish

A swish event is a great way to get rid of clothes you no longer wear and pick up a great new wardrobe.

You'll need:

- 1 a big, empty room
- 2 lots of hangers!
- 3 some clothes rails

Here's how it works.

- 1 Each person attending brings along clothes they want to swap and hangs them up
- 2 You could arrange rails by what's on them (dresses, shirts, suits) or by size
- 3 Once you're all set up, open the doors!
- 4 The swishers are let loose to choose some new clothes

For more info, visit [www.getswishing.com](http://www.getswishing.com)