

August



Jessie May
Children's Hospice at Home.

Fetes, Festivals, and Fun Days!

This August, you could fundraise by:

- ★ Holding a sandcastle building contest
- ★ Organising a summer scavenger hunt
- ★ Going on a sponsored hike and camp
- ★ Having a fundraising car wash!

Dates for your diary

- ★ 4th - International Beer Day
- ★ 4th - 13th - World Athletics Championships
- ★ 10th - 13th - Bristol Balloon Fiesta
- ★ 28th - US Open (Tennis)

recipe for success!

For perfect Summer Punch

8 lemons

140g raspberries

(or a mix of raspberries and strawberries)

200g caster sugar

1.2 litres water

Peel the zest from the lemons, careful to remove as little of the white pith as possible. Juice the lemons, then mix the zest, juice, sugar and fruit together with 1.2 litres of boiling water.

Allow the mix to cool, then sieve, pressing the juice through with the back of a spoon. Add more sugar to taste, then serve with lots of ice, slices of lemon and mint.